

Red Bank Catholic High School
Athletic Department
112 Broad Street
Red Bank, New Jersey 07701

To:



Go Caseys!

RBC SOCCER



Green & Gold Camp 2010

Red Bank Catholic High School
112 Broad Street
Red Bank, New Jersey 07701



Green & Gold
Girls Soccer Camp
Grades 3-12
Ages 9-16

ONE WEEK ONLY

July 26 to July 30

6-8:15 PM

Cost: \$ 130

*In the event of inclement weather, we will
adjust start and end times on another day to
make up time.*

*Location:
White Road Practice Complex
Little Silver, New Jersey*

Please call or email for directions.

*Red Bank Catholic High School
112 Broad Street
Red Bank, New Jersey 07701
Athletic Office: 732-747-1211
Fax: 732-747-6744*

*E-mail: camps@rbcsports.com
Website: www.rbcsports.com*

Ken Santos, Camp Director

RBC Head Girls Soccer Coach

2010 Camp Agenda:

The 2010 camp will focus on one important skill each night. The coaches will use the first hour to teach, instruct, and fine tune this skill based on the player's ability. The girls will then be asked to apply these skills and improve upon them in short-sided game (4 v 4) settings.

The last day of camp is "Tournament Day" where the girls will play in short-sided games in tournament format and the parents are invited to attend and watch.

Camp will be a competitive environment in which the players will work hard, learn from experienced coaches, and enjoy themselves.

Highlights of the RBC Girls Program:

- Division Champions 2004-2006,2008,2009
- Sectional Champions 2002, 2003, 2005,2006,2008,2009
- Shore Conference Tournament Champs 1999,2001,2008,2009
- State Champions 2002, 2003, and 2005, Finalists in 2006,2008,2009

RBC alumni playing in college:

- Natalie Cocchi- West Virginia University
- Liz Costello- West Point
- Allie D'Amico- U. of Delaware
- Ali LeVine- U. of Richmond
- Sara Grimsgaard- Syracuse University
- Cailin McGorry- Drew University
- Kaitlyn Grimes- St. Joseph's University
- Ashley Ventura- Towson State University

COACHING STAFF

Ken Santos, Camp Director.....RBC Head Girls Soccer Coach

Coach Santos is a former division 1 college assistant coach and player and will be in his fifth year as varsity coach, winning 4 division titles, a state co-championship, and winning the Shore Conference Tournament in 2008. He was recognized as Coach of the Year by both the Asbury Park Press and Star Ledger during the 2005 season and Monmouth County Coach of the Year (Star Ledger) in 2008.

John McGrade.....Varsity Assistant Coach

Coach McGrade enters his fourth year as varsity assistant, specializing in the program's strength and conditioning and serving as Goalkeeper Coach. Over the last four seasons, the team has had 44 shutouts in 86 games.

Jen Finan..... JV/Varsity Assistant

Coach Finan is the current JV coach and varsity assistant and is also an RBC alumnus who enters her second year on the sidelines.

All staff members are experienced coaches and players who are also teachers. They understand effective ways to teach all skill levels while at the same time providing a safe and fun environment.

ADDITIONAL INFORMATION

- A. Certified trainer will be available.
- B. Water and ice will be available.
- C. Requests to train with teammates or specific friends will be honored.
- D. Team Rates are available (10 or more).

2010 GIRLS SOCCER CAMP APPLICATION

Name _____ Present Grade (09-10) _____ School Year _____
 Parent's Name _____ Home Phone _____ Work Phone _____
 Address _____
 City _____ State _____ Zip Code _____
 Age _____ E-mail Address _____

ABSOLUTELY---NO REFUNDS!! \$ 25.00 Deposit enclosed, balance to be paid 1st day of camp or pay in full now.
Camp Date: July 26 to July 30, 2010

Please make check payable to Red Bank Catholic Athletic Dept. and mail along with the Girls Soccer Camp Application to;
Athletic Dept. , Red Bank Catholic High School, 112 Broad Street, New Jersey 07701

I understand that any camper who does not abide by the rules and regulations promulgated by the camp is subject to dismissal without reimbursement or recourse. I also understand that the Green & Gold Girls Soccer Camp is not responsible for any campers leaving the grounds of Red Bank Catholic. The camp will not be responsible for injury or illness if same is not caused through fault of the camp. I hereby authorize the directors of the Green & Gold Girls Soccer Camp to act for me according to their best judgment in an emergency if I cannot be contacted. I understand that each camper is required to provide their own medical and accidental insurance.

Parents Signature _____